



**CHILDREN'S
DENTAL CENTER
OF MADISON, S.C.**

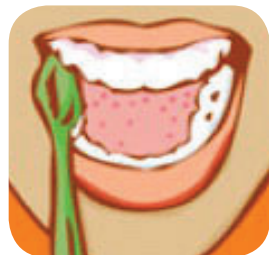
madisonkidsdentist.com

When should children brush?

The most important time to brush is before going to bed. Because less saliva is secreted during sleep, teeth are more susceptible to tooth decay. Children should also brush after breakfast and, whenever possible, after eating. Brushing after snacks and/or meals while at preschool helps establish toothbrushing habits.



Brush teeth long enough to thoroughly clean all tooth surfaces.



Brush on outer and inner surfaces.

Brush on chewing surfaces.

Brush on inside surfaces of front teeth.

I, _____, promise to brush my teeth 2 times a day.
NAME

Morning + Night =



Monday

Tuesday

How many days in a row can you brush twice?

Thursday

Friday

Saturday

Can you get all 7 stickers this week?

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Monday

Now, get to the without missing a sticker!

Wednesday

Thursday

Friday

Saturday

Sunday

Monday

Tuesday

Wednesday

Can you make it to next Wednesday?

Friday

Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Keep brushing! I need a sticker!

Saturday